

**ASTHETIC AND COSMETIC DERMATOLOGY  
AT  
WHITE SALMON FAMILY PRACTICE**

CLIENT INFORMATION QUESTIONNAIRE AND INFORMED CONSENT

By signing this consent form, you are agreeing that you have been informed of known risks, benefits and alternatives related to receiving your chosen cosmetic treatment(s).

**PLEASE NOTE: IF YOU HAVE A SPECIAL EVENT PENDING WITHIN THE NEXT 2 WEEKS PLEASE DISCUSS WITH US. BRUSING AND SWELLING CAN OCCURE!!**

Please answer the following questions thoroughly and completely as this provides a better understanding of your general health, lifestyle, and skin care concerns, thereby enabling the best treatment and home care recommendations.

**DEMOGRAPHICS**

Name: \_\_\_\_\_  
\_\_\_\_\_

Date:

MAILING Address:

\_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip: \_\_\_\_\_

Occupation:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

May we call you on either phone:

\_\_\_\_\_

May we leave messages on either phone:

\_\_\_\_\_

Email:

\_\_\_\_\_  
\_\_\_\_\_

Date of birth (month and day and year): \_\_\_\_\_

Let us thank the person who referred you:

\_\_\_\_\_

### **Skin Care History**

If there was something you could change or improve about your skin, what would it be?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What else? Please circle all that apply.

- Discoloration (Brown Spots or Melasma)
- Acne Scarring Uneven Texture
- Fine Lines & Wrinkles
- Enlarged Pores Sun Damage
- Dry, Flaky Skin
- Rosacea
- Loss of Facial Contours
- Oily Skin
- Dilated Capillaries
- Lax or Sagging Skin
- Acne/Breakouts Redness (Reactive Skin)
- Dark Under-Eye Circles

What type of skin do you think you have?

Dry: \_\_\_\_\_ Normal: \_\_\_\_\_ Combination: \_\_\_\_\_ Oily: \_\_\_\_\_

If oily, are you oily throughout the cheek area? Yes: \_\_\_\_\_ No: \_\_\_\_\_

Do you have a history of acne? Yes: \_\_\_\_\_ No: \_\_\_\_\_

If yes, are you using or have you ever used any medications for acne? Yes: \_\_\_\_\_ No: \_\_\_\_\_

Name of medication:

\_\_\_\_\_  
\_\_\_\_\_

Do you sunbathe or participate in outdoor activities? Yes: \_\_\_\_\_ No: \_\_\_\_\_

Have you ever had a reaction to any skin care product or cosmetic? Yes: \_\_\_\_\_ No: \_\_\_\_\_

If yes, please list:

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What skin care do you currently use?

Morning

EVENING

1)

1)

2)

2)

3)

3)

4)

4)

5)

5)

Are you a member of Allergan Brilliant Distinctions? \_\_\_\_\_ Do you know your log-in information or number:

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Please circle any medications you are currently using or have used in last year:

Retinol Benzoyl Peroxide (BPO) Adapalene (Differin®)  
Glycolic Acid Hydroquinone Azelaic Acid (Azelex®, Finacea®)  
Salicylic Acid Tretinoin Isotretinoin (Accutane®)  
Citric Acid Topical Antibiotics  
Resorcinol Topical Steroids

Have you ever, or are you currently receiving skin treatments? Yes: \_\_\_\_\_ No: \_\_\_\_\_

Have you had any of the following? (Circle all that apply):

Chemical Peels Permanent Cosmetics Extractions  
Laser Resurfacing Light Treatments Electrolysis  
Facial Cosmetic Surgery Microderm Abrasion Laser Hair Removal  
Facial Injectables Dermaplanning Waxing

If yes, when was your last treatment(s)?

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Were there any complications? Yes: \_\_\_\_\_ No: \_\_\_\_\_

If yes, please explain:

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### **General Health**

Are you currently under the care of a physician?

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If yes, please discuss contraindications of any pre-existing medical conditions with your physician.

Are you currently taking any medications? Yes: \_\_\_\_\_ No: \_\_\_\_\_

If yes, please list here:

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(or on the back of this page) Please let us know if you take multiple medications and feel the list is too lengthy to itemize

### Female Clients

Are you on hormone-replacement therapy? Yes: \_\_\_\_\_ No: \_\_\_\_\_

Are you on birth control pills? Yes: \_\_\_\_\_ No: \_\_\_\_\_

**Are you pregnant or breastfeeding?** Yes: \_\_\_\_\_ No: \_\_\_\_\_

Please circle all of the following conditions you have, or have had, in your facial, scalp or chest areas:

Dermatitis Cold Sores or Fever Blisters

Eczema Actinic Keratosis

Psoriasis Keloid Scarring

Open Sores or Lesions

Are you allergic to aspirin? Yes: \_\_\_\_\_ No: \_\_\_\_\_

What is your pain tolerance?

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If you have any known allergies, please list them:

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Is there anything else that should be known before starting your treatment?:

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Date

Signature

Reviewed By: \_\_\_\_\_ Date:

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Comments: (Staff only)

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